



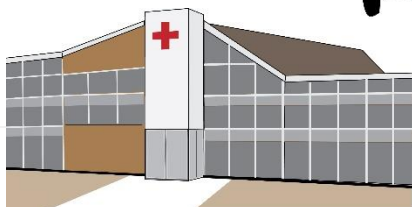
SUPPORTED BY

NHS England and NHS Improvement



We are running meetings for **family carers**.

A **family carer** is someone who supports a family member or close friend and may have to sometimes speak up on their behalf.



Are you a **family carer** who sometimes has to speak up on behalf of your adult relative who:

- is Autistic, or has a learning disability or both
- uses community services
- has current or past experience of inpatient services, for example, an



assessment and treatment unit?

We are bringing together family members to talk about their experiences.

We want to find out what has worked for you when you have spoken up on behalf of your loved one.

We want **family carers** to help us develop a resource that will help other family carers.

We are running 2 face to face meetings:



Leeds: Friday 20th May at 10.00am to 2.30pm
or

Newcastle: Friday 27th May at 10.00am to 2.30pm

Refreshments will be provided. Details of venue on request.



We are running 2 Zoom meetings:

Tuesday 31st May at 11.00am to 1.00pm

OR

7.00pm to 9.00pm

All sessions are facilitated by family members together with self advocates.

Want to find out more?



Email katie@bringingustgether.org.uk



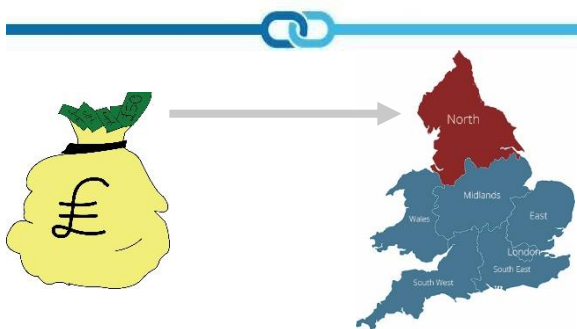
Closing date to register **13th May 2022**



We are paying people for their involvement.

All travel costs will be paid for. Please email to discuss.

NHS England and NHS Improvement



This is a regional project funded by NHSEI North West / North East, Yorkshire & Humber.