



Westgarth Primary School

PSHE Policy

"We cannot always build the future for our youth, but we can build our youth for the future." Franklin D. Roosevelt.

Intent

At Westgarth Primary School, PSHE provides a foundation of skills and knowledge to prepare our children to make informed decisions about themselves, people around them and the world in which they live, now and in the future. Alongside our curriculum drivers, PSHE promotes a positive attitude towards maintaining our health and wellbeing, the relationship we have with others and a confidence to think critically and understand risks when solving problems that arise in the world around us. Alongside planned lessons, PSHE is embedded in everyday life at Westgarth. It is in the conversations the children have, the stories they read, the assemblies they partake in and the relationships they form as members of our school community.

We hope to create independent, thoughtful citizens who are able to think critically, make well, informed decisions to support themselves and others, and to create children who make positive contributions to the world around us.

Aims

The aims of PSHE are:

- to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives, in order to become informed, active and responsible citizens
- to help children to focus on developing social skills such as managing friendships and developing empathy and self-respect
- to encourage pupils to develop positive attitudes and values including an acceptance of diversity and difference
- to provide a safe space for children to openly discuss issues that occur in the world that they live in, and to educate them about facilities and provision that is available to support them with any difficulties they may face

Statutory Requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach. We must teach relationships education under the Children and Social Work Act 2017, in line with the terms set out in statutory guidance. We must teach health education under the same statutory guidance.

What We Teach

As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our relationships and sex education policy for details about what we teach, and how we decide on what to teach, in this subject.

For other aspects of PSHE, including health education, please view the curriculum map for more details about what we teach in each year group.

How We Teach It

In EYFS and KS1, PSHE lessons take place weekly for 30 minutes per session. In KS2, the children partake in PSHE lessons for 1 hour fortnightly. Each lesson will consist of spending a short time retrieving knowledge from previous learning, in line with our Teaching and Learning Policy, and will be followed by children exploring new learning and concepts.

As mentioned in the Intent section, as well as being taught through planned lessons, PSHE is embedded in everyday life at Westgarth through informal conversations and the sharing of stories.

As we move towards implementing the recording of PSHE in a 'floor book', we are able to spend more lesson time supporting and guiding in-depth discussions surrounding the big topics that we aim to cover as part of our curriculum. Research states that writing in a 'floor book' demonstrates and supports children's ability to perform shared thinking in a more formal way, which enables them to develop reasoning skills and recall other children's ideas and record them in the form of photographs, drawing and writing. Ultimately, showcasing a more collaborative approach to our learning.

PSHE in EYFS

PSHE is taught in EYFS in line with the PSED area of the Early Years Framework. PSED is taught weekly in EYFS through planned lessons and through 'in the moment' teaching to support emotional and physical wellbeing. PSHE in EYFS equips the children with the ability to label and talk about how they, and others, are feeling; supports the children's journey of learning ways to look

after themselves independently, as well as how to keep safe and finally, introduces them to the early skills of making positive relationships and friendships. PSHE in Early Years is supplemented by Emotions Shed which, alongside the EYFS Framework, supports our youngest children at Westgarth in their journey to being emotionally literate.

PSHE in KS1 and KS2

The children in KS1 and KS2 follow the PSHE Association Scheme. This has been carefully mapped out on our PSHE Curriculum Map and evidence of how the children's learning is sequenced throughout their time at Westgarth can be found in the PSHE Progression of Skills Document. The children's learning is organised within 3 main themes: Health and Wellbeing, Relationships and Living in the Wider World.

Equal Opportunities and Inclusion

All children have equal access to the PSHE programme of study that satisfies the government's expectation of all schools needing to include it within their curriculum, regardless of it being a non-statutory subject. It is important for all children to participate in valuable learning discussions in relation to the topics that are carefully planned within our Westgarth PSHE Curriculum Map. This will support the children on their journey to being ready to participate in the community and the wider world post school.

Assessment

Our assessment of PSHE is achieved through:

- daily formative assessment throughout the year through; discussion and questioning with pupils and observation of pupils

Monitoring and Evaluation

The Subject Leader is responsible for:

- taking a lead in policy development
- monitoring the provision and development of the subject throughout the school
- supporting staff
- managing the PSHE budget and resources

E Collins

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