

Galileo Multi Academy Trust Menu – Westgarth Primary School

wc 24.06.24; 15.07.24; 16.09.24; 07.10.24; 04.11.24; 25.011.24; 16.12.24; 20.01.25; 10.02.25

WEEK 1	MEAT FREE MONDAY	TRADITIONAL TUESDAY	PIZZA WEDNESDAY	DINNER DAY THURSDAY	FISHY FRIDAY
MAIN CHOICES	♥🌿V Simple Tomato Pasta (CG)	Chinese Style Chicken Curry & Rice (CG, M)	Meat Feast Pizza (CG, M) V Pinwheel Pizza (CG, M)	♥ Roast Turkey & Yorkshire pudding (CG, E, M) & Gravy	Fish in Crispy Batter (CG, F) Salmon/Cod Fish Fingers (CG, F)
POTATOES & VEGETABLES	V Veggie Burger (CG) in a 🌾 Brown Bun (CG) Homemade Ketchup Potatoes Wedges Mixed Salad Broccoli	V Mac 'n' Cheese (CG, M) V Garlic Bread Slice (CG, M) Garden Peas Sweetcorn	V Quiche (CG, E, M) Herby Diced Potatoes Baked Beans Creamy Coleslaw (E, may M)	Baked Sausages (CG, SD, S) Roast Potatoes Fresh Carrots Fresh Cabbage	♥🌿V Simple Tomato Pasta (CG) Chipped Potatoes Mushy Peas Baked Beans
Baked Potatoes including Cheese (M), Baked Beans, Tuna Mayo (F, (E, may M) Sandwiches made fresh on site, including Ham, Cheese (M), Tuna Mayo (F, (E, may M) Salad Items – crisp and fresh, including lettuce, carrot, peppers, spinach, tomato, cucumber, celery, homemade coleslaw (E, may M)					
DESSERT	🌿V Apple Flapjack (may CG) V Yoghurt (M)	V Ice Cream Tub (M) V Fresh Cut Fruit	V Chocolate Beetroot Cake (CG, E) V Yoghurt (M)	V Syrup Sponge (CG, E) & Custard (M) V Fresh Cut Fruit	V Peachy Muffin (CG, E) V Yoghurt (M)
ALSO AVAILABLE DAILY - Freshly baked Crusty Bread & Sliced Whole meal Bread SPECIAL DIET REQUIREMENTS - Please speak to our Catering Manager regarding your specific dietary needs					

FOOD ALLERGIES AND INTOLERANCES (may indicates this allergen might be present, please check with a member of the catering team)

Before choosing your meal, please speak to a member of the catering staff about your requirements

Celery C, Cereals containing Gluten CG Crustaceans C, Eggs E, Fish F, Lupin L Milk M, Molluscs M, Mustard M, Nuts N Peanuts P, Sesame Seeds SS, Soya S, Sulphur Dioxide SD

♥ Healthier Option, 🌿 Vegan, V Vegetarian, 🌾 Contains Wholewheat/Wholegrain



Galileo Multi Academy Trust Menu – Westgarth Primary School

wc 01.07.24; 02.09.24; 23.09.24; 14.10.24; 11.11.24; 02.12.24; 06.01.25; 27.01.25; 17.02.25

WEEK 2	MEAT FREE MONDAY	TRADITIONAL TUESDAY	PIZZA WEDNESDAY	DINNER DAY THURSDAY	FISHY FRIDAY
MAIN CHOICES	V Cheese Pastry Slice (CG, may E, M) ♥ V Rustic Tomato Pasta (CG)	♥ Spaghetti Bolognese (CG) Oven Baked Sausages (CG, SD, S) Gravy V Veggie Sausages (CG) V Veggie Gravy	Ham & Cheese Pizza (CG, M) V Pinwheel Pizza (CG, M) ♥ Chicken Tikka Pitta (CG, M)	♥ Baked Gammon Yorkshire Pudding (CG, E, M) & Gravy with Mash Potato ♥ V Veggie Pasta (CG) V Garlic Bread Slice (CG, M)	Fish in Crispy Batter (CG, F) V Veggie Nuggets (CG)
POTATOES & VEGETABLES	Herby Diced Potatoes Baked Beans Fresh Carrots	Potato Wedges Broccoli Cauliflower	Roast Potatoes Creamy Coleslaw (E, may M) Rainbow Salad	Mashed Fresh Turnip Fresh Carrots	Chipped Potatoes Baked Beans Garden Peas
Baked Potatoes including Cheese (M), Baked Beans, Tuna Mayo (F, (E, may M)) Sandwiches made fresh on site, including Ham, Cheese (M), Tuna Mayo (F, (E, may M)) Salad Items – crisp and fresh, including lettuce, carrot, peppers, spinach, tomato, cucumber, celery, homemade coleslaw (E, may M)					
DESSERT	V Frosted Carrot Cake (CG, E) V Fresh Cut Fruit	V Apple Crumble (CG) & Custard (M) V Yoghurt (M)	V Jam Tart (CG) V Fresh Cut Fruit	V Iced Chocolate Brownie (CG, E, may M) V Yoghurt (M)	V Oaty Sultana Cookie (CG) V Fresh Cut Fruit
ALSO AVAILABLE DAILY - Freshly baked Crusty Bread & Sliced Whole meal Bread SPECIAL DIET REQUIREMENTS - Please speak to our Catering Manager regarding your specific dietary needs					

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♥ Healthier Option, V Vegan, V Vegetarian, Contains Wholewheat/Wholegrain



Galileo Multi Academy Trust Menu – Westgarth Primary School

wc 08.07.24; 09.09.24; 30.09.24; 21.10.24; 18.11.24; 09.12.24; 13.01.25; 03.02.25

WEEK 3	MEAT FREE MONDAY	TRADITIONAL TUESDAY	PIZZA WEDNESDAY	DINNER DAY THURSDAY	FISHY FRIDAY
MAIN CHOICES	♥ V Chinese Style Veggie Curry & Rice (CG, M)	🌾 Homemade Chicken & Vegetable Pie (CG, M)	Pepperoni Pizza Slice (CG, M) V Pizza Slice (CG, M)	Savoury Mince (CG) & Dumpling (CG, M) Mashed Potato	Fish in Crispy Batter (CG, F) Chicken Nuggets (CG)
POTATOES & VEGETABLES	🌱 V Veggie Sausages (CG) Potato Wedges Mixed Salad Green Beans	♥🌱 V Spaghetti in Tomato Sauce (CG) Herby Diced Potatoes Sweetcorn Fresh Carrots	Beef Burger in a Bun (CG) Roast Potatoes Baked Beans Sliced Salad	♥🌱 V Rustic Tomato Pasta (CG) V Garlic Bread Slice (CG, M) Fresh Carrots Broccoli	🌱 V Quorn Sausages (CG) Chipped Potatoes Garden Peas Baked Beans
Baked Potatoes including Cheese (M), Baked Beans, Tuna Mayo (F, (E, may M) Sandwiches made fresh on site, including Ham, Cheese (M), Tuna Mayo (F, (E, may M) Salad Items – crisp and fresh, including lettuce, carrot, peppers, spinach, tomato, cucumber, celery, homemade coleslaw (E, may M)					
DESSERT	Fruit Jelly Mousse Slice (M) V Fresh Cut Fruit	V Chocolate Crispy (may CG, M) V Yoghurt (M)	V Sticky Toffee Pudding (CG, E, M) & Custard (M) V Fresh Cut Fruit	🌱 V Parsnip & Coconut Flapjack (may CG) V Yoghurt (M)	V Funfetti Biscuit (CG) V Fresh Cut Fruit
ALSO AVAILABLE DAILY - Freshly baked Crusty Bread & Sliced Whole meal Bread AL DIET REQUIREMENTS - Please speak to our Catering Manager regarding your specific dietary needs					

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